Happiness Quotes

“I have learned from experience that the greater part of our happiness or misery depends on our dispositions and not on our circumstances.” ~ Martha Washington

"No man is happy who does not think himself so." ~ Publilius Syrus

“Our ultimate freedom is the right and power to decide how anybody or anything outside ourselves will affect us.” ~ Stephen R. Covey, Author and Speaker

"Happiness is a conscious choice, not an automatic response." ~ Mildred Barthel

“The grand essentials of happiness are: something to do, something to love, and something to hope for.” ~ Allan K. Chalmers

"The foolish man seeks happiness in the distance, the wise grows it under his feet." ~ James Oppenheim

"Happiness is not a destination. It is a method of life." ~ Burton Hills

"The Constitution only gives people the right to pursue happiness. You have to catch it yourself." ~ Benjamin Franklin

"Happiness is the only good. The time to be happy is now. The place to be happy is here. The way to be happy is to make others so." ~ Robert G. Ingersoll

“When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has opened for us.” -Helen Keller

"Happiness is when what you think, what you say, and what you do are in harmony." Gandhi

"Happiness depends upon ourselves." ~ Aristotle