



## Happiness Quotes



**"I have learned from experience that the greater part of our happiness or misery depends on our dispositions and not on our circumstances."** ~ Martha Washington

**"No man is happy who does not think himself so."** ~ Publilius Syrus

**"Our ultimate freedom is the right and power to decide how anybody or anything outside ourselves will affect us."** ~ Stephen R. Covey, Author and Speaker

**"Happiness is a conscious choice, not an automatic response."** ~ Mildred Barthel

**"The grand essentials of happiness are: something to do, something to love, and something to hope for."** ~ Allan K. Chalmers

**"The foolish man seeks happiness in the distance, the wise grows it under his feet."** ~ James Oppenheim

**"Happiness is not a destination. It is a method of life."** ~ Burton Hills

**"The Constitution only gives people the right to pursue happiness. You have to catch it yourself."** ~ Benjamin Franklin

**"Happiness is the only good. The time to be happy is now. The place to be happy is here. The way to be happy is to make others so."** ~ Robert G. Ingersoll

**"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has opened for us."** -Helen Keller

**"Happiness is when what you think, what you say, and what you do are in harmony."** Gandhi

**"Happiness depends upon ourselves."** ~ Aristotle